

		Montag			Dienstag			Mittwoch			Donnerstag			Freitag		
Platz		1	2	3	1	2	3	1	2	3	1	2	3	1	2	3
8	9Uhr				Training											
9	10 Uhr															
10	11 Uhr	Training						H 65	H 65							
11	12 Uhr	Training						H 65	H 65							
12	13 Uhr															
13	14 Uhr															
14 -	15 Uhr			Training						Training						
15 -	16 Uhr			Training	Training					U8				Training		
16-	17 Uhr	Training		16:30 Training	Training					U12	16:30 – 18:30 H60 II			Training		
17 -	18 Uhr	Training		Training	Ende 17:30					U12	16:30 – 18:30 H60 II			H40		
18 -	19 Uhr	Training		Training bis 19:30	H60	H60/H50	H50	Damen		D40	18:30 – 20:30 H30			H40		
19 -	20 Uhr	Training		Training 19:30–20:30	H60	H60/H50	H50	Damen		D40	18:30 – 20:30 H30			Damen 2G		Training
20 -	21 Uhr							Damen		D40				Damen 2G		Training
21-	22 Uhr									Training	Training					

Valle

Hans Jürgen

Richard